



The Gardens at Cherokee * 1610 Hwy 3, Cherokee, IA 51012 * (712)225-2999

September Happenings



September Birthdays

Tenants

**Anna C. – September
13**

Staff

Molly P. – September 4



Welcome September! Here are some fun facts about this month: It marks the beginning of autumn in the northern hemisphere and the start of spring in the southern. September is the only month with the same number of letters in its name as the number of the month. It is the ninth month and has nine letters. On an average September day more babies are born in the US than on a day in any other month. September has three birth flowers: the forget-me-not, the morning glory, and the aster.

Of significance to us, National Assisted Living Week is celebrated in September. This is the week of September 13th this year. National Assisted Living Week is an opportunity for residents, families, staff, volunteers, and local communities to recognize the role of assisted living in caring for America's seniors and individuals with disabilities. To celebrate we're planning a fun week! We'll start off with a Family and Friend Car Parade on Sunday the 13th. (See enclosed flyer.) Monday the 14th is Pajama Day! You're invited to wear your PJs all day long! That afternoon we'll offer some pampering for you, with manicures, hand and neck massages by our staff. Tuesday the 15th is State Fair Day. Pizza and beer/pop will be served for lunch. Then come try your skill at shooting a Nerf gun in the courtyard that afternoon! Wednesday the 16th is Patriotic Day. Wear red, white, and blue that day! In the afternoon we'll make flag refrigerator magnets for our craft. Thursday the 17th is Luau Day. Wear your tropical shirts! Friday is Fiesta Day. We'll enjoy a Mexican-flavored lunch this day!

Other fun activities in September include taking a walk around The Gardens on Wednesday, the 2nd. Sign up and join us for a walk outside! We'll also play some fun games like Scattergories on the 9th, High-Low game on the 23rd, and Wheel of Fortune on the 30th.

Looking forward to spending September with you!
~Laura, Activity Director

New Staff Spotlights

Please join us as we welcome two new staff members.



My name is Molly Patterson. I am the new Community Relations Director here at The Gardens Assisted Living. I will be sharing my time between the Cherokee, Hull, Remsen and Jefferson locations. I am married to Nate and we have three children – Mesa (8), Thomas (7) and Cole (5). We live on a farm outside of Cherokee where we raise row crops and have a cow/calf herd. In my free time I enjoy sports, reading, cooking and spending time with my family. I'm excited to get to know our tenants and their families and look forward to enriching their lives by being another happy face in a great environment!



My name is Channa Liv. I am a new Universal Worker here at The Gardens. I live in Storm Lake. I have two older brothers who live in California. I'm the youngest in my family. I enjoy collecting US Mint coins.

Welcome Molly and Channa!

Note from the Nurses

It's that time of year again for flu shots to be given! We will give them here at The Gardens along with the Public Health nurse from the hospital towards the end of September/beginning of October. We will let tenants know the exact date when closer.

Stay safe and don't forget to wash hands.

Amy and Leanne



Essentials

Thank you, tenant families, for providing essentials for your loved one, such as toilet paper, Kleenex, paper towels, and toiletries.





Presents

DRIVE BY CAR SHOW

When: Sunday September 13th

Time: 2:00pm-3:00pm

Where: Gardens Assisted Living Parking Lot

What to do:

Make signs or decorate your cars. Drive by and wave at our tenants as they sit outside for the parade!



Please call Laura with any questions! (712)225-2999

