

APRIL 2024



THE GARDENS AT CHEROKEE | 618 HWY 3 CHEROKEE, IA 51012 | (712)225-2999

**CELEBRATING
APRIL**

Brunch Month

**Counseling
Awareness Month**

**Be Kind to Spiders
Week
April 1-7**

**April Fool's Day
April 1**

**National Library
Day
April 6**

**Go Fly a Kite Day
April 17**

**National Exercise
Day
April 18**

**Volunteer
Recognition Day
April 20**

April showers bring May flowers! The warmth is so close, and I am so ready for us to be able to sit outside in the sun and enjoy some lemonade and sun tea together!

Along with that, we will soon be planting our garden beds, so bring any ideas of what vegetables and flowers you would like to see in our raised flower beds in the courtyard.

Now is the time to remember to stay active and enjoy that outside walking path around our building. Come spring, if you prefer to stay indoors, seven laps around the square of our building is equal to one mile, and our daily morning exercise groups are a great way to stay moving!

Together we will embrace another month and get to spend more time together making more memories. Reminder to come to me or resident council with any questions or concerns so we may address them in a timely manner.

As always, I look forward to another month with all of you, and all the fun we will have!

~Abby Zupp, Executive Director

Tenant Spotlight



Jeanine Schroder

Jeanine came to The Gardens in September of 2023. She likes the people here and states everyone is friendly and even-keeled.

Jeanine has 3 children and 10 grandchildren. She worked on their farm and milked cows, they worked hard on the farm. She also worked in a dentist's office and at city hall.

For fun, she enjoyed having friends over at their place at the lakes. She also enjoyed dancing. She used to sew quite a lot.

Her favorite color is blue, and her favorite food is ice cream.

Advice to Live By: Do unto others as you would have them do unto you.

Tenant Spotlight



Bob Schroder

Bob came to The Gardens in September of 2023.

He likes the people and the food here.

He has 2 children and 3 grandchildren. He and Jeanine just celebrated their 47th anniversary.

He was raised on the farm and has a twin brother. He worked in construction and owned a masonry business, Mill Creek Construction, for 50 years. For fun, he enjoyed hunting, fishing, and traveling. He also likes to write poetry, paint, and carve wood. He likes to play card games and do puzzles.

His favorite color is red, and his favorite food is bacon.

Advice to Live By: Treat everybody with respect.

Calling all tenants and families!

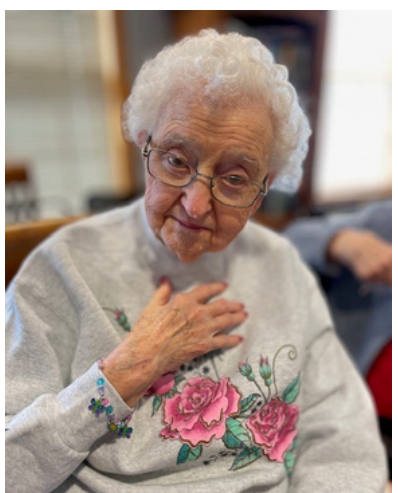
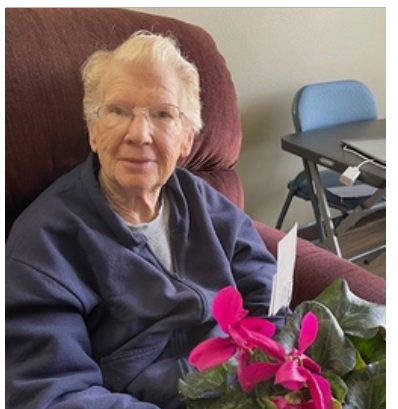
Share the love and memories by submitting your senior picture and wedding picture! We're planning something special, and your cherished moments will make it even more meaningful!



Bring your photos to Laura (she will make copies and give you back the originals). Or email the photos to llafleur@cherokeegardenlifestyles.com



March in Pictures



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>7 Creamed Chipped Beef Over Toast BBQ Chicken Sandwich Capri Blend Veggies Pie</p>	<p>1 Chicken Noodle Casserole Baked Fish Broccoli Fresh Bread Strawberry Snickerdoodle Crunch</p> <p>All Fools' Day</p>	<p>2 Hamburger Steak w/ Gravy Baked Ham Mashed Potatoes/Gravy Candied Carrots Bread/Butter Cherry Cobbler</p>	<p>3 Tater Tot Casserole Chef Salad Honey Glazed Biscuit Mandarin Oranges Ice Cream</p>	<p>4 Orange Chicken Sweet and sour Meatballs Oriental Veg Bread/Butter Caramel Apple Bar</p>	<p>5 Catch of Day Grilled Pork Chop Baked Potato Steamed Cabbage Hawaiian Roll Lemon Bars</p>	<p>6 BBQ Meatballs Baked Chicken Macaroni and Cheese Green Beans Fresh Bread Sherbet</p>
<p>14 Roast Turkey Baked Fish Cranberry Sauce Sage Stuffing Broccoli & Cauliflower Roll/Butter Pie</p>	<p>8 Roast pork Fish Sandwich Sweet Potato Casserole Creamed Corn Bread/Butter Strawberry Cheesecake</p>	<p>9 Country Fried Steak BBQ Pork Chop Mashed Potatoe Country Gravy Candied Carrots Honey Glazed Biscuit Fruit Pizza</p>	<p>10 Baked Ham Hamburger Steak w/ Gravy Patty Potatoes Fresh Bread Green Beans Casserole Pineapple Upside Down Cake</p>	<p>11 Baked Chicken Sweedish Meatballs Rice Seasonal Veggie Hawaiian Roll/Butter Apple Pie</p>	<p>12 Shrimp Tenders Chef Salad Baked Potato Steamed Cabbage Bread/Butter Carrot Cake</p>	<p>13 Beef Stew Tuna Noodle Tossed Salad Bread/Butter Fresh Fruit Cup Ice Cream Sunday</p>
<p>21 Hamburger Steak Cheddar Ranch Scalloped Potatoes Seasoned Green Beans Roll/Butter Pie</p>	<p>15 Lasagna Chef Salad Toss Salad Garlic Toast Strawberry Shortcake</p>	<p>16 Roast Beef Roast Pork Mashed Potatoes/Gravy Haward Beets Fresh Bread Cinnamon Apples A La Mode</p>	<p>17 Fried Chicken Baked Ham Baked Sweet Green Beans Honey Glazed Biscuit Cheery Fluff</p>	<p>18 Hamburger Steak Grilled Chicken Breast Mini Baby Bakers Cascade Veggies Bread/butter Pudding Parfait</p>	<p>19 Brunch</p>	<p>20 Chicken Cordon Bleu BBQ Meatballs Buttered Noodles Bread/Butter Mixed Veggies Berry 7-Up Cup</p>
<p>28 Scalloped Potatoes & Ham Maidrie on Bun Potato Chips Mixed Veggies Roll/Butter Pie</p>	<p>22 Spaghetti Chef Salad Broccoli Garlic Bread Banana Walnut Brownie Pie</p> <p>Passover Begins Earth Day</p>	<p>23 Roast Beef Chicken Breast Mashed Potatoes Beef Gravy Candied Carrots Bread/Butter Pumpkin Bar/Frosting</p>	<p>24 Herbed Baked Chicken Sliced Ham Baked Sweet Potato Cauliflower Honey Glazed Biscuit Cherry Orange Crisp</p>	<p>25 Meatloaf Chicken Leg Baked Potato Creamed Peas Bread/Butter Hot Coco Cheesecake</p>	<p>26 Beer Battered Tilapia Swedish Meatballs Mini Baby Bakers Cascade Blend Veggie Fresh Baked Bread Cherry Orchard Bar</p> <p>Actor Day</p>	<p>27 Chicken & Pasta Alfredo Chef Salad Garlic Bread Roasted Asparagus Fruit Turnover</p>
<p>29 Sweet and Tangy Meatballs Sausage Pizza Rice Pilaf Roasted Carrots Bread/Butter Caramel Apple Pretzels Dessert</p>	<p>30 Cola Glazed Ham Cheeseburger on Bun Hashbrown Casserole Seasoned Peas Biscuit Cherry Cobbler</p>	<p>Administrative Professionals Day</p>	<p>Administrative Professionals Day</p>	<p>Administrative Professionals Day</p>	<p>Administrative Professionals Day</p>	<p>Administrative Professionals Day</p>
 <p>APRIL 2024 Dinner</p>						

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>Breaded Pork Tenderloin Cheeseburger on Bun Tomato, Lettuce, Onion, Pickle AuGratin Potatoes Baked Beans Layered Pudding Dessert</p>	<p>Baked Fish Sandwich Pizza Tater Tots Creamy Coleslaw Red Velvet Cake Roll</p> <p>All Fools' Day</p>	<p>Loaded Potato Soup Chicken Tender Dipping Sauce Turkey & Cheese Sandwich Creamy Coleslaw Peanut Butter Brownie</p>	<p>French Toast Soup of The Day Fried Egg Sausage Link Pears Fruit Crisp</p>	<p>BBQ Rib Sandwich Grilled Ham & Cheese Sandwich Pickles an Onions Potato Salad Baked Beans Turtle Cheesecake</p>	<p>Sloppy Joe Pork Tenderloin Pickles and Onions Tater Tots Corn Banana Split Dessert</p>	<p>Cold Cut Sandwich Cream Tomato Soup Tomato, Onions, Lettuce, Pickles Sweet Potato Salad Peaches Snickerdoodle Bars</p>
<p>BQO Pork on Bun Cheeseburger on Bun Tater Tots Tomato Cucumber Salad Pineapple Ritz Dessert</p>	<p>Turkey Salad on Croissant Grilled Ham&Cheese Sandwich Dill Pickle Spear Feta Pasta Salad Mandarin Oranges Salted Caramel Crumb Bar</p>	<p>Garden Veggie Soup Turkey Party Melt Egg Salad Sandwich Peaches Brownie Bottom Cheesecake</p>	<p>French Toast Chet Salad Sausage Link Scrambled Egg Fresh Fruit Cup Blueberry Cobbler</p>	<p>Polish Sausage on Bun BBQ Rib Sandwich Fried Potatoes & Onions BakedBeans Jello Poke Cake</p>	<p>Wisconsin Cheese Soup Cooks Choice Half Turkey Sandwich Creamy Cucumber Salad Peaches Chocolate Chip Cookie</p>	<p>Ham Salad Sandwich Breaded Pork Tenderloin Lettuce, Tomato, Onion Potato Chips Classic Macaroni Salad Fruited Jello</p>
<p>Crispy Chicken Sandwich Chicken Noodle Soup Lettuce, Tomato, Mayo Potato Chip Chocolate Chip Cookie Bar</p>	<p>Shepherds Pie Pizza Fresh Baked Bread Honey Butter Marinated Cucumbers Apple Butterscotch Fluff</p>	<p>Ham and Bean Soup Hamburger on Bun Cottage Cheese Fresh Fruit Plate Maple Cornbread Ice Cream</p>	<p>Deli Sandwich Baked Fish Sandwich Dill Pickle Spear Sweet Pasta Salad Mandarin Oranges Oh Henry Bar</p>	<p>BBQ Pork on Bun Chicken Tenders Dipping Sauce French Fries Broccoli Raisin Salad Fruited Jello</p>	<p>Hamburger on Bun BBQ Rib on Bun Tomato, Lettuce, Onion, Pickle Potato Salad Fresh Fruit Cup</p>	<p>Cream of Tomato Soup Cooks Choice Grilled Cheese Sandwich Tossed Salad Fresh Fruit Cup Cookie</p>
<p>Chili Pulled Pork on Bun Shredded Cheese/Diced Onions Cottage Cheese Fresh Fruit Plate Rice Krispie Square</p>	<p>Baked Fish Sandwich Hot Dog on Bun Tarter Tots Creamy Coleslaw Red Velvet are Roll</p>	<p>Veggie Soup Breaded Chicken Sandwich Lettuce, Tomato, Mayo Deli Sandwich Tossed Salad Fruit Turnover</p>	<p>Administrative Professionals Day</p>	<p>Administrative Professionals Day</p>	<p>Administrative Professionals Day</p>	<p>Administrative Professionals Day</p>
<p>28</p>	<p>29</p>	<p>30</p>	